

# Upper Tanana Encouragement Phrases

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Łii k'analta'

Help each other.

Diichaq ts'a' diik'analta'

Respect everyone

Tsqq' tlih ts'a' tlanalt'e'

Be kind to each other.

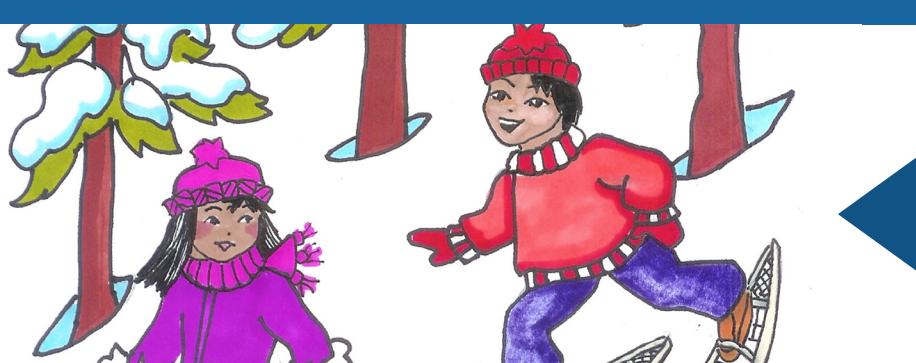


Nahnòh ḥihxah daltsij'

Love each other.

Nla' naa'iych'ot

Wash your hands.



Nshah shiit ijidah

Stay home.



Hoqsoq ts'a' naa'nij'tii'that

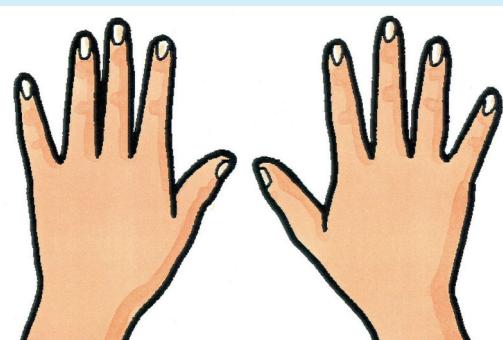
Think good thoughts.

Nän' k'it naatijidak

Go on the land.

Diik'aanilta'

Take care of yourself/ Be safe.



Nahnòo' hoqsoq ts'a' ijhaal

Go forward in a good way.



Council of Yukon  
First Nations